

PSYCHOLOGY CONSULTATIONS

Child and adult psychology consultations are available for a range of conditions including stress, anxiety, depression, health conditions and trauma.

Clients can self-refer or can be referred by a GP. Sessions are for one hour. In order to obtain the Medicare rebate, clients need to have a valid current Mental Health Care plan (MHCP) which allows you ten sessions per calendar year.

Rebates are also available from some private health funds – check with your fund for amounts rebated.

Practitioner	Cost	Medicare Rebate
Clinical Psychologist	\$185	\$124.50
Health Psychologist	\$145	\$84.80
Psychologist	\$135	\$84.80

Payment in full is required at the time of your consultation; rebates can generally be processed back into your account after payment has been made.

upstream health

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